AMENDMENTS TO THE SPECIFICATION

In the specification:

Please replace the full paragraph starting on page 10, line 17 through page 11, line 4 with the following replacement paragraph.

--The outer covering 38 can be made from a variety of covering materials known to those skilled in the art. For example, the outer covering 38 can include natural and synthetic material selected from vinyl, rubber, leather, cotton, nylon, rayon, polyester, neoprene polychloroprene, and combinations of two or more of these materials. Combinations of materials can include woven or non-woven webs, blends and multi-layer coverings wherein the layers may be individually identifiable or may be laminated together. Desirably, the outer covering is a multi-layer, pliable material having a soft hand exterior surface for contacting the user's skin and a moisture resistant or impermeable inner surface for isolating the inner core 36. Suitable materials include a woven polyamide having a rubberized backing available from Stafford Textiles, Ltd., Toronto, Canada sold under the trade name SOFLUX LVT. Whatever the material used, it should provide a soft, nonabrasive cushion for the user.--

In the Abstract:

Please replace the Abstract on page 29 with the following replacement paragraph.

--A head support device which enables a user to comfortably rest in the prone position.

The head support device includes a padded member having a generally horse-shoe shape with a top, arcuate sides, spaced apart ends, a first inner side wall and a second inner side wall, a first region for supporting the a user's face in the frontal sinus area, a second region adjacent to the eye socket and cheek area for supporting the user's face area, and a third region for support along the sides of the user's mandible. The support device also includes a substantially rigid support member for supporting the padded member.

The support member has a pair of upstanding

splayed outwardly walls which define an air channel for the free exchange of air when the user inhales or exhales. The support member has a plurality of opposing, substantially parallel zones which provide support for the above described support regions of the padded member when the user is lying in the prone position. The padded member is secured to the support member using an attachment method that does not interfere with said the padded member conforming to the facial configuration of the user.--